

THIS IS A REQUEST FOR A SEALED BID

INSTRUCTIONS TO BIDDERS

1. READ THE ENTIRE BID, INCLUDING ALL TERMS AND CONDITIONS AND SPECIFICATIONS.
2. ALL BID PRICES MUST BE TYPED OR WRITTEN IN INK. ANY CORRECTIONS, ERASURES OR OTHER FORMS OF ALTERATION TO UNIT PRICES SHOULD BE INITIALED BY THE BIDDER.
3. THIS BID IS TO BE MANUALLY SIGNED IN INK.
4. BID PRICES SHALL INCLUDE DELIVERY OF ALL ITEMS F.O.B. DESTINATION OR AS OTHERWISE PROVIDED. BIDS CONTAINING "PAYMENT IN ADVANCE" OR "C.O.D" REQUIREMENTS MAY BE REJECTED. PAYMENT IS TO BE MADE WITHIN 30 DAYS AFTER RECEIPT OF PROPERLY EXECUTED INVOICE OR DELIVERY, WHICHEVER IS LATER.
5. AMOUNT OF BID BOND REQUIRED: EVERY BID SUBMITTED FOR IN EXCESS OF FIFTY THOUSAND DOLLARS SHALL BE ACCOMPANIED BY A BID BOND GUARANTEED BY A SURETY COMPANY QUALIFIED TO DO BUSINESS IN THE STATE OF LOUISIANA. THE BID BOND SHALL BE FOR FIVE PERCENT OF THE OFFICIAL BID AMOUNT.
6. TO ASSURE CONSIDERATION OF YOUR BID, ALL BIDS AND ADDENDA SHOULD BE RETURNED IN AN ENVELOPE OR PACKAGE CLEARLY MARKED WITH THE BID OPENING DATE AND THE BID NUMBER, OR SUBMITTED IN THE SPECIAL ENVELOPE IF FURNISHED FOR THAT PURPOSE.
7. BIDS SUBMITTED ARE SUBJECT TO PROVISIONS OF THE LAWS OF THE STATE OF LOUISIANA INCLUDING BUT NOT LIMITED TO L.R.S. 39:1551-1736; PURCHASING RULES AND REGULATIONS; EXECUTIVE ORDERS; STANDARD TERMS AND CONDITIONS; SPECIAL CONDITIONS; AND SPECIFICATIONS LISTED IN THIS SOLICITATION.
8. IMPORTANT: BY SIGNING THE BID, THE BIDDER CERTIFIES COMPLIANCE WITH ALL INSTRUCTIONS TO BIDDERS, TERMS CONDITIONS AND SPECIFICATIONS, AND FURTHER CERTIFIES THAT THIS BID IS MADE WITHOUT COLLUSION OR FRAUD. THIS BID IS TO BE MANUALLY SIGNED IN INK BY A PERSON AUTHORIZED TO BIND THE VENDOR (SEE NO. 30). ALL BID INFORMATION SHALL BE IN INK OR TYPEWRITTEN.

9. ADDRESS ALL INQUIRIES AND CORRESPONDENCE TO THE LOUISIANA TECH UNIVERSITY OFFICE OF PURCHASING AT THE ADDRESS AND TELEPHONE NUMBER LISTED HERIN. (SEE SCHEDULE OF EVENTS)
10. BID FORMS: ALL WRITTEN BIDS, UNLESS OTHERWISE PROVIDED FOR, MUST BE SUBMITTED ON, AND IN ACCORDANCE WITH, FORMS PROVIDED, PROPERLY SIGNED (SEE NO. 21). BIDS SUBMITTED IN THE FOLLOWING MANNER WILL NOT BE ACCEPTED:
 - A. BID CONTAINS NO SIGNATURE INDICATING INTENT TO BE BOUND;
 - B. BID FILLED OUT IN PENCIL; AND
 - C. BID NOT SUBMITTED ON THE DESIGNATED BID FORMS.
11. BIDS MUST BE RECEIVED AT THE ADDRESS SPECIFIED IN THE SOLICITATION PRIOR TO BID OPENING TIME IN ORDER TO BE CONSIDERED.
12. STANDARDS OF QUALITY – SEE BID DOCUMENT FOR FULL REQUIREMENTS.
13. BID OPENING: BIDDERS MAY ATTEND THE BID OPENING, BUT NO INFORMATION OR OPINIONS CONCERNING THE ULTIMATE CONTRACT AWARD WILL BE GIVEN AT THE BID OPENING OR DURING THE EVALUATION PROCESS. BIDS MAY BE EXAMINED WITHIN 72 HOURS AFTER BID OPENING. INFORMATION PERTAINING TO COMPLETED FILES MAY BE SECURED BY VISITING THE LOUISIANA TECH UNIVERSITY PURCHASING OFFICE DURING NORMAL WORKING HOURS. WRITTEN BID TABULATIONS WILL NOT BE FURNISHED PRIOR TO 72 HOURS.
14. PRICES: UNLESS OTHERWISE SPECIFIED BY LOUISIANA TECH UNIVERSITY IN THE SOLICITATION, BID PRICES MUST BE COMPLETE, INCLUDING TRANSPORTATION PREPAID BY BIDDER TO DESTINATION AND FIRM FOR ACCEPTANCE FOR A MINIMUM OF 30 DAYS. IF ACCEPTED, PRICES MUST BE FIRM FOR THE CONTRACTUAL PERIOD.
15. TAXES: VENDOR IS RESPONSIBLE FOR INCLUDING ALL APPLICABLE TAXES AND FEES AND TARIFFS IN THE BID PRICE. STATE AGENCIES ARE EXEMPT FROM ALL STATE AND LOCAL SALES AND USE TAXES.
16. CONTRACT RENEWALS: UPON AGREEMENT OF THE STATE OF LOUISIANA AGENCY AND THE CONTRACTOR, A TERM CONTRACT MAY BE EXTENDED FOR 4 ADDITIONAL 12-MONTH PERIODS AT THE SAME PRICES, TERMS AND CONDITIONS. IN SUCH CASES, THE TOTAL CONTRACT TERM CANNOT EXCEED 60 MONTHS.

17. CONTRACT CANCELLATION: THE STATE OF LOUISIANA HAS THE RIGH TO CANCEL ANY CONTRACT, IN ACCORDANCE WITH PURCHASING RULES AND REGULATIONS, FOR CAUSE, INCLUDING BUT NOT LIMITED TO, THE FOLLOWING: (1) FAILURE TO DELIVER WITHIN THE TIME SPECIFIED IN THE CONTRACT; (2) FAILURE OF THE PRODUCT OR SERVICE TO MEET SPECIFICATIONS, CONFORM TO SAMPEL QUALITY OR TO BE DELIVERED IN GOOD CONDITION; (3) MISREPRESENTATION BY THE CONTRACTOR; (4) FRAUD, COLLUSION, CONSPIRACY OR OTHER UNLAWFUL MEANS OF OBTAINING ANY CONTRACT WITH THE STATE; (5) CONFLICT OF CONTRACT PROVISIONS WITH CONSTITUTIONAL OR STATUTORY PROVISIONS OF SATE OR FEDERAL LAW; (6) ANY OTHER BREACH OF CONTRACT.

18. APPLICABLE LAW: ALL CONTRACTS SHALL BE CONSTRUED IN ACCORDANCE WITH AND GOVERNED BY THE LAWS OF THE STATE OF LOUISIANA.

19. COMPLIACNE WITH CIVIL RIGHTS LAWS: BY SUBMITTING AND SIGNING THIS BID, BIDDER AGREES TO ABIDE BY THE REQUIREMENTS OF THE FOLLOWING AS APPLICABLE: TITLE VI OF THE CIVIL RIGHTS ACT OF 1964, AS AMENDED BY THE EQUAL OPPORTUNITY ACT OF 1972, FEDERAL EXECUTIVE ORDER 11246, FEDERAL REHABILITATION ACT OF 1973, AS AMENDED, THE VETERAN'S READJUSTMENT ASSISTANCE ACT OF 1974, TITLE IX OF THE EDUCATION AMENDMENTS OF 1972, THE AGE ACT OF 1975, AND BIDDER AGREES TO ABIDE BY THE REQUIREMENTS OF THE AMERICNS WITH DISABILITIES ACT OF 1990. BIDDER AGREES NOT TO DISCRIMINATE IN ITS EMPLOYMENT PRACTICES, AND WILL RENDER SERVICES UNDER ANY CONTRACT ENTERED INTO AS A RESULT OF THIS SOLICITATION WITHOUT REGARD TO RACE, COLOR, RELGION, NATIONAL ORIGIN, BETERAN STATUS, POLITICAL AFFILIATION, OR DISABILITIES. ANY ACT OF DISCRIMINATION COMMITTED BY BIDDER, OR FAILURE TO COMPLY WITH THESE STATUTORY OBLIGATIONS WHEN APPLICABLE, SHALL BE GROUNDS FOR TERMINATION OF ANY CONTRACT ENTERED INTO AS A RESULT OF THIS SOLICITATION.

20. SPECIAL ACCOMMODATION: ANY "QUALIFIED INDIVIDUAL WITH A DISABILITY" AS DEFINED BY THE AMERICANS WITH DISABILITIES ACT, WHO HAS SUBMITTED A BID AND DESIRES TO ATTEND THE BID OPENING, MUST NOTIFY THIS OFFICE IN WRITING NOT LATER THAN 7 DAYS PRIOR TO THE BID OPENING DATE OF THEIR NEED FOR SPECIAL ACCOMMODATIONS. IF THE REQUEST CANNOT BE REASONABLY PROVIDED, THE INDIVIDUAL WILL BE INFORMED PRIOR TO THE BID OPENING.

21. INDEMNITY: CONTRACTOR AGREES, UPON RECEIPT OF WRITTEN NOTICE OF A CLAIM OR ACTION, TO DEFEND THE CLAIM OR ACTION, OR TAKE OTHER APPROPRIATE MEASURE, TO INDEMNIFY, AND HOLD HARMLESS, THE STATE, ITS OFFICERS, ITS AGENTS AND ITS EMPLOYEES FROM AND AGAINST ALL CLAIMS AND ACTIONS FOR BODILY INJURY, DEATH OR PROPERTY DAMAGES CAUSED BY THE FAULT OF THE CONTRACTOR, ITS OFFICERS, ITS AGENTS, OR ITS EMPLOYEES. CONTRACTOR IS OBLIGATED TO INDEMNIFY ONLY TO THE EXTENT OF THE FAULT OF THE CONTRACTOR, ITS OFFICERS, ITS AGENTS, OR ITS EMPLOYEES. HOWEVER, THE CONTRACTOR SHALL HAVE NO OBLIGATION AS SET FORTH ABOVE WITH RESPECT TO ANY CLAIM OR ACTION FROM BODILY INJURY, DEATH OR PROPERTY DAMAGES ARISING OUT OF THE FAULT OF THE STATE, ITS OFFICERS, ITS AGENTS OR ITS EMPLOYEES.

22. SIGNATURE AUTHORITY: ATTENTION: R.S. 39:1594(C) (4) REQUIRES EVIDENCE OF AUTHORITY TO SIGN AND SUBMIT BIDS TO THE STATE OF LOUISIANA. YOU MUST INDICATE WHICH OF THE FOLLOWING APPLY TO THE SIGNER OF THIS BID.

PLEASE CIRCLE ONE:

- 1) THE SIGNER OF THIS BID IS EITHER A CORPORATE OFFICER WHO IS LISTED ON THE MOST CURRENT ANNUAL REPORT ON FILE WITH THE SECRETARY OF STATE OR A MEMBER OF A PARTNERSHIP OR PARTNERSHIP IN COMMENDAM AS REFLECTED IN THE MOST CURRENT PARTNERSHIP RECORDS ON FILE WITH THE SECRETARY OF STATE. A COPY OF THE ANNUAL REPORT OR PARTNERSHIP MUST BE SUBMITTED TO THIS OFFICE BEFORE CONTRACT AWARD.
- 2) THE SIGNER OF THIS BID IS A REPRESENTATIVE OF THE BIDDER AUTHORIZED TO SUBMIT THIS BID AS EVIDENCED BY DOCUMENTS SUCH AS, COPORATE RESOLUTION, CERTIFICATION AS TO CORPORATE PRINCIPAL. ETC. IF THIS APPLIES A COPY OF THE RESOLUTION, CERTIFICATION, OR OTHER SUPPORTIVE DOCUMENTS MUST BE ATTACHED HERETO.
- 3) THE BIDDER HAS FILED WITH THE SECRETARY OF STATE AN AFFIDAVIT OR RESOLUTION OR OTHER ACKNOWLEDGED/AUTHENTIC DOCUMENT INDICATING THAT THE SIGNER IS AUTHORIZED TO SUBMIT BIDS FOR PUBLIC CONTRACTS. A COPY OF THE APPLICABLE DOCUMENT MUST BE SUBMITTED TO THIS OFFICE BEFORE CONTRACT AWARD.

- 4) THE SIGNER OF THE BID HAS BEEN DESIGNATED BY THE BIDDER AS AUTHORIZED TO SUBMIT BIDS ON THE BIDDER'S VENDOR REGISTRATION ON FILE WITH HIS OFFICE.
23. IN ACCORDANCE WITH THE PROVISIONS OF R.S. 39:2182, IN AWARDING CONTRACTS AFTER AUGUST 15, 2010, ANY PUBLIC ENTITY IS AUTHORIZED TO REJECT A PROPOSAL OR BID FROM, OR NOT AWARD THE CONTRACT TO, A BUSINESS IN WHICH ANY INDIVIDUAL WITH AN OWNERSHIP INTEREST OF FIVE PERCENT OR MORE, HAS BEEN CONVICTED OF, OR HAS ENTERED A PLEA OF GUILTY OR NOLO CONTENDERE TO ANY STATE FELONY OR EQUIVALENT FEDERAL FELONY CRIME COMMITTED IN THE SOLICITATION OR EXECUTION OF A CONTRACT OR BID AWARDED UNDER THE LAWS GOVERNING PUBLIC CONTRACTS UNDER THE PROVISIONS OF CHAPTER 10 OF TITLE 38 OF THE LOUISIANA REVISED STATUTES OF 1950, PROFESSIONAL, PERSONAL, CONSULTING, AND SOCIAL SERVICES PROCUREMENT UNDER THE PROVISIONS OF CHAPTER 16 OF TITLE 39, OR THE LOUISIANA PROCUREMENT CODE UNDER THE PROVISIONS OF CHAPTER 17 OF TITLE 39.
24. IT IS AGREED THAT THE LEGISLATIVE AUDITOR OF THE STATE OF LOUISIANA AND/OR THE OFFICE OF THE GOVERNOR, DIVISION OF ADMINISTRATION AUDITORS SHALL HAVE THE OPTION OF AUDITING ALL ACCOUNTS WHICH RELATE TO THIS CONTRACT.
25. THE CONTINUATION OF THIS CONTRACT IS CONTINGENT UPON THE APPROPRIATION OF FUNDS TO FULFILL THE REQUIREMENTS OF THE CONTRACT BY THE LEGISLATURE. IF THE LEGISLATURE FAILS TO APPROPRIATE SUFFICIENT MONIES TO PROVIDE FOR THE CONTINUATION OF THE CONTRACT, OR IF SUCH APPROPRIATION IS REDUCED BY THE VETO OF THE GOVERNOR OR BY ANY MEANS PROVIDED IN THE APPROPRIATIONS ACT TO PREVENT THE TOTAL APPROPRIATION FOR THE YEAR FROM EXCEEDING REVENUES FOR THAT YEAR, OR FOR ANY OTHER LAWFUL PURPOSE, AND THE EFFECT OF SUCH REDUCTION IS TO PROVIDE INSUFFICIENT MONIES FOR THE CONTINUATION OF THE CONTRACT.
26. WHENEVER A PUBLIC ENTITY ENTERS INTO A CONTRACT IN EXCESS OF FIVE THOUSAND DOLLARS FOR THE CONSTRUCTION, ALTERATION, OR REPAIR OF ANY PUBLIC WORKS, THE OFFICIAL REPRESENTATIVE OF THE PUBLIC ENTITY SHALL REDUCE THE CONTRACT TO WRITING AND HAVE IT SIGNED BY THE PARTIES. WHEN AN EMERGENCY AS PROVIDED IN R.S. 38:2212(D) IS DEEMED TO EXIST FOR THE CONSTRUCTION, ALTERATION, OR REPAIR OF ANY PUBLIC WORKS AND THE CONTRACT FOR SUCH

EMERGENCY WORK IS LESS THAN FIFTY-THOUSAND DOLLARS, THERE SHALL BE NO REQUIREMENT TO REDUCE THE CONTRACT TO WRITING. (R.S. 38:2241)

(2) FOR EACH CONTRACT IN EXCESS OF TWENTY-FIVE THOUSAND DOLLARS PER PROJECT, THE PUBLIC ENTITY SHALL REQUIRE OF THE CONTRACTOR A BOND WITH GOOD, SOLVENT, AND SUFFICIENT SURETY IN A SUM OF NOT LESS THAN FIFTY PERCENT OF THE CONTRACT PRICE FOR THE PAYMENT BY THE CONTRACTOR OR SUBCONTRACTOR TO CLAIMANTS AS DEFINED IN R.S. 38:2242. THE BOND FURNISHED SHALL BE A STATUTORY BOND AND NO MODIFICATION, OMISSIONS, ADDITIONS IN OR TO THE TERMS OF THE CONTRACT, IN THE PLANS OR SPECIFICATIONS, OR IN THE MANNER AND MODE OF PAYMENT SHALL IN ANY MANNER DIMINISH, ENLARGE, OR OTHERWISE MODIFY THE OBLIGATIONS OF THE BOND. THE BOND SHALL BE EXECUTED BY THE CONTRACTOR WITH SURETY OR SURETIES APPROVED BY THE PUBLIC ENTITY AND SHALL BE RECORDED WITH THE CONTRACT IN THE OFFICE OF THE RECORDER OF MORTGAGES IN THE PARISH WHERE THE WORK IS TO BE DONE NOT LATER THAN THIRTY DAYS AFTER THE WORK HAS BEGUN.

27. IF BIDDING OTHER THAN REQUESTED BRAND AND PRODUCT NUMBER (OR STYLE), ENCLOSE SUFFICIENT LITERATURE TO DETERMINE COMPLIANCE WITH SPECIFICATIONS. FAILURE TO COMPLY WITH THIS REQUEST MAY ELIMINATE YOUR BID FROM CONSIDERATION. ANY MANUFACTURER'S NAMES, TRADE NAMES, BRAND NAMES, OR CATALOG NUMBERS USED IN THE SPECIFICATIONS ARE FOR THE PURPOSE OF DESCRIBING AND ESTABLISHING GENERAL QUALITY LEVELS. SUCH REFERENCES ARE NOT INTENDED TO BE RESTRICTIVE. BIDS WILL BE CONSIDERED FOR ANY BRAND WHICH MEETS OR EXCEEDS THE QUALITY OF THE SPECIFICATIONS LISTED FOR ANY ITEM.

LOUISIANA TECH UNIVERSITY

INVITATION TO BID ONLY



BIDDER MUST FILL IN COMPANY NAME AND COMPLETE ADDRESS (PRINTED OR TYPED)

PHONE:

FAX:

EMAIL:

BID OPENING:

Mon., Oct. 24th @ 2:00 PM

BID NUMBER:

50012-344-17

DEPARTMENT

Recreation

PRICE MUST BE FIRM FOR AT LEAST 30 DAYS FROM OPENING DATE

DELIVERY IN DAYS

TERMS

BIDDER AGREES TO COMPLY WITH ALL CONDITIONS BELOW AND ATTACHED TO THIS REQUEST.

Prices are to be complete and the FOB point to be Louisiana Tech University unless otherwise specified.

RETURN THIS FORM TO:

PURCHASING OFFICE
P.O. Box 3157
408 Keeny Hall
College Drive
RUSTON, LA 71272

Phone: 318-257-4205
Fax: 318-257-3772

Company Quote
if applicable

FAILURE TO SIGN WILL DISQUALIFY BID

Typed or Printed Name

Authorized Signature/Title

ITEM:	COMPLETE SPECIFICATIONS	QTY. & UNIT:	UNIT PRICE:	AMOUNT:
	Louisiana Tech University's Recreation Department is now accepting SEALED bids for fitness equipment.			
	Trade In Equipment:			
1	Precor Upright Bikes	2		
2	Octane Lateral X	1		
3	Precor Treadmills	2		
	New Equipment:			
1	Precor Treadmills	2		
2	Stairmaster Gauntlet	1		
3	Precor Upright Bikes	3		
4	Schwinn Airdyne Bike	1		
5	Precor Spinner Bike	20		
6	Precor Pulldown/Row	1		
7	Precor Leg Curl/Standing Leg curl	1		
	Continued on next page...			

IMPORTANT: If bidding other than requested brand and product number (or style), enclose sufficient literature to determine compliance with specifications. Failure to comply with this request may eliminate your bid from consideration. Any manufacturer's names, trade names, brand names, or catalog numbers used in the specifications are for the purpose of describing and establishing general quality levels. Such references or not intended to be restrictive. Bids will be considered for any brand which meets or exceeds the quality of the specifications listed for any item.

Schedule of Items

Page No. 2
 Purchase Req. # 93-2426
 Bid No. 50012-344-17

Important: If bidding other than requested brand and product number (or style), please enclose sufficient literature to determine compliance with specification. Failure to comply with this request may eliminate your bid from consideration. Any manufacture's names, trade, brand names, or catalog numbers used in the specifications are for the purpose of describing and establishing general quality levels. Such references are not intended to be restrictive. Bids will be considered for any brand, which meets or exceeds the quality of the specifications listed for any items.

<u>ITEM</u>	<u>Description</u>	<u>QUANTITY</u>	<u>UNIT PRICE</u>	<u>AMOUNT</u>
	Leg Extension	1		
	Seated Dip	1		
	Shoulder Press	1		
	Seated Mid Row	1		
	See attached specifications and information			
	<p>*Vendor's bids must include all costs to furnish and install new equipment. Bids must include transportation to the school, as well as the cost to install the equipment in the designated areas.</p> <p>Please note: There is NOT an elevator in the new building.</p> <p>*All vendors must visit the jobsite and should carefully note the conditions under which they will be required to work.</p> <p>*Bids must be returned via mail or in person. Do not fax/email</p> <p>To schedule an appointment to visit the jobsite, and/or for more information on this bid, please call Bobby Dowling, Chad Spruell, or Parker Temple at 318-257-4634.</p>			

Louisiana Tech University will now accept bids for the following fitness equipment to be placed in the existing fitness area and the new upstairs fitness area of the Lambright Intramural Sports Complex. Vendor's bids must include all costs to furnish and install new equipment. The bids must include transportation to the school as well as the cost to install the equipment in the designated areas. **Please note: there is not an elevator in the new building.**

All vendors MUST visit the jobsite and should carefully note the conditions under which they will be required to work. The university will not grant the vendor any allowances in performance, quality, and workmanship due to the vendor's lack of knowledge regarding any existing conditions, if any. Vendor should also use this visit as an opportunity to evaluate the equipment the university is looking to "trade-in".

Vendor must contact Bobby Dowling, Chad Spruell, or Parker Temple at 318-257-4634 to schedule an appointment to visit the jobsite. Vendors are responsible for all their own measurements and are encouraged to ask questions regarding any item not clearly defined in the specifications. Vendors should note clearly in their bids any exception to conditions and/or specifications contained in the bid, otherwise it will assumed bids are as specified.

Vendors are responsible for the removal of all debris resulting from their work.

Vendors are required to have identification that clearly identify them as an employee of the vendor and must remain properly attired during the time they are working in the facility.

The university is looking to "trade in" the following pieces of equipment.

- 2 Precor Upright bikes
- 1 Octane Lateral X
- 2 Precor Treadmills

Vendor shall clearly show the credit or reimbursement for this equipment being awarded to the University.

Due to the high levels of usage (over 10,000 miles/yr.), the university is only looking for commercial grade, high demand units. Vendors should also pay careful attention to the dimensions requested on each machine. These dimensions, both physical and stride length, are important in that they optimize both the amount of equipment and the size for the users of the facility, which include athletes.

Vendor should also be aware of the warranty requirement of providing three year both parts and labor for the equipment.

The breakdown of the new cardio equipment is as follows

Treadmills

Quantity Needed: 2

Treadmills shall be Precor New Experience 885 V2 P82 series treadmill or equal. If bidding an equal, vendor must supply appropriate literature to determine if the item bid is equal to or better than the required specifications.

The treadmill shall have the following features:

- Active treadmill status visual lights to alert staff of the operating conditions. These status lights are displayed externally for all to see. Green, amber, and blinking indicates safe use or service requirements needed; along with automatic belt wear detectors.
- 15" LCD touch screen that allows hand gestures with a wave of your finger like an iPhone. To be a capacitive that works from a change in the electrical field requiring no pressure. Screen *not to be* resistive type that would require pressure by depressing the screen every time. Capacitive screens are considered more reliable and robust and can accept finger wave gestures like an iPhone where resistive screens cannot.
- To have iPod/iPhone docking station
- Display and software to allow for future Preva by swiping an RFID tag.
- Off screen keys to enable users to change channels or adjust volume quickly and easily without interfering with on-screen display.
- New Motion Controls that provide quick and easy control of speed, incline, and resistance for faster changes and no need for small motor skills which takes away from concentration and could be dangerous.
- Welcome screen to be bright colored engaging graphics with message bar for information during workout.
- Workout programs to have a preview feature where you can see details of that workout before you choose.
- Programs to have inspiration images like running through mountains or forest etc., also a different "Featured Workout" changes on a daily basis.
- Screen within screen or window that shows program profile and progression. Also allows data entry for duration, goal, age/weight, and enables workout changes during use.
- Video workout guides included allows new users to view videos on how to use all of the different machines no matter what machine you are currently using.

- T.V. Channels can be viewed via a preview window screen rather than having to guess at what viewing relates to a T.V. numeric channel.
- Metric bar allows users to drop down menus and the ability to customize the metric bar by promoting preferred metrics at top of screen.
- User can minimize icons for various functions at the bottom of the screen for fast and easy access.
- PREVA to be offered as an option will allow the PREVA BUSINESS SUITE (which will provide a host of commercial benefits to the operator) and PREVA WORKOUT SUITE (that will directly enhance the users workout experience) additional functions and applications will be continually added which the director of facilities can choose to download. Tracking of various types will be available for directors and management along with many social medias etc. for the user if facility desires.
- Motion controls are spring actuated, allowing the user to adjust the settings while in motion. These are large, visible controls which will not require the use of small motor skills like needed with typical small, hard to find switches- Huge safety feature and will prevent the user from stumbling or falling.
- Motion controls are made of high impact ABS plastic and industrial grade springs, also test for humidity and liquid ingress. This design makes them more durable than a dome switch.
- Maximum User Weight to be no less than 500 lbs.
- New 8HP peak and 4HP continuous duty AC Motor.
- Speed Range: 0.5-16 mph
- 0-15% incline range, -3% decline.
- Integrated foot plant technology to mimic natural running/walking outdoors. Monitor heel strikes and adjust motor speed 100 times per second.
- Ground effect technology includes rear deck hinges and front cushioning to create a laterally stable platform to reduce shock to runner and provides a firm push off.
- Deck and belt to require **NO EXTERNAL LUBRICATION EVER**. Can be flipped to double life.
- 4' Steel tapered rollers keep belt centered to reduce maintenance and noise.
- Rust-resistant undercoat and topcoat to steel frame.
- Safety clip attached to user to immediately turn off power bringing treadmill to a gentle stop. Stop switch has no magnet to lose and has a guard to prevent inadvertent activation.
- Safety stop button, if tripped, should display "push to reset." Until this is done, the treadmill will not run. Safety feature.
- Accessory holders available, integrated transport wheels.

- Console languages: Dutch, English, French, German, Italian, Russian, and Spanish.
- Preset Programs: Lose Weight Fat Burner Aerobic Aerobic Plus 4-3 Interval Heart Rate Zone Be Fit Manual 1:1 Interval 2:1 Interval 4:1 Interval Rolling Hills Mountain Peaks Heart Rate Zone Get Toned Glute Toner Glute Toner Plus Leg Sculpt Leg Sculpt Plus Push Performance 1-4 Interval 1-2 Interval 5K Heart Rate Zone Test Your Fitness Gerkin Fitness Test.
- 21 programs & 20 Electronic Readouts
- Electronic Readouts: Total Distance Distance Remaining Target Distance Total Calories Burned Calories/Min Calories/Hr Mets Watts Target Time Elapsed Time Remaining Time in Zone Segment Pace Average Pace Average Speed Heart Rate Average Heart Rate Max Heart Rate Target Heart Rate Workout Summary Touch heart rate sensors located on fixed handlebars for increased accuracy and ease of use by users of all sizes, also heart rate telemetry reading using a chest strap.
- Auto stop belt will bring belt to a stop after 60 seconds of no use. This is a needed safety feature.
- 15" LCD Capacitive Touch Screen / CSAFE Ready
- Ability for fitness director of facility to set parameter max time, max speed, and max pause time, for better facility management.
- Full size treadmill, not a medium size. Dimensions to be no less than 88" long and 35" wide to accommodate the largest of users.
- Handrail length: 24"
- Dedicated 120v/20A circuit with 5-20 NEMA receptacle
- AC motor and 1 year labor.
- Local service to be included. Preventative Maintenance (PM) checks annually. 24 hour turn around.
- Cardiovascular equipment to be bid as a group for continuity.
- Warranties required: 7 years frame, 5 years parts (mechanical & Electronic), 1 year wear items, 5 years on the AC motor, and 1 year labor.

Stairmaster

Quantity needed: 1

Stairmaster shall be Stairmaster Gauntlet 8 Series or equal. If bidding an equal, vendor must supply appropriate literature to determine if the item bid is equal to or better than the required specifications.

The stairmaster shall have the following features:

- Product Dimensions: Width 34" (86cm) Length 58" (147cm) Height 89" (226cm)
- Product Weight: 343 lbs (156kg)
- Max User Weight: 350lbs (159 kg)
- Power Requirements: Input Voltage 100-240 VAC 50/60 Hz 100 VA
- Display: LCD SCREEN
- Workouts: The Landmark Challenge Program where users climb well-known landmarks from around the world like the Eiffel Tower, the Statue of Liberty and the Taj Mahal. Sprint, Super and Beast Spartan Race Training Program. Standard console programs are also included.
- Hot Bar Functions: Stop button, heart rate, and level control
- Fitness Tests: Multi-stage Fit Test, CPAT Fire Fit Test and WFI StepMill® Test
- Drive System: Electronically controlled alternator with chain drive precisely controls the stair speed allowing a wide range of users to exercise smoothly within their comfort zones
- Step Action: Revolving staircase with eight steps, 8"(20cm) high, 9"(23cm) deep and 22"(56cm) wide
- Step Rate: 24 to 162 steps per minute
- Heart Rate Monitoring: Polar® compatible wireless; contact sensors

Upright Bike

Quantity Needed: 3

Upright Bike shall be Precor New Experience 885 P802 Series Upright Bike or equal. If bidding an equal, vendor must supply appropriate literature to determine if the item bid is equal to or better than the required specifications.

The upright bike shall have the following features:

- 15" LCD touch screen that allows hand gestures with a wave of your finger like an iPhone. To be a capacitive that works from a change in the electrical field requiring no pressure. Screen *not to be* resistive type that would require

- Motion controls are made of high impact ABS plastic and industrial grade springs, also test for humidity and liquid ingress. This design makes them more durable than a dome switch.
- The console handlebars help with entry and exit, while the riding handlebars provide optional hand and arm positioning and heart rate.
- Ergonomic saddle design with comfort groove. 10.5" width that quickly tapers to a narrow nose for improved riding comfort. Universal seat post allows easy installation of different saddle types.
- New over-molded handlebar design offers the user three comfortable riding positions- upright, cruising, and road.
- Road positions the wrists in a natural, neutral position. Wide width handlebars provide stability and comfort along the entire forearm. Overall width of the handlebars to be similar to indoor cycling bikes, which is narrower than most stationary bikes.
- Cruising position, to have wide handlebar that is more comfortable on the user's hands.
- Touch heart rate to be in two separate positions- the upright and the road-race positions. Also includes telemetry.
- Seat post angle to be 74 degrees with a 5" offset from the crank axle. This places the forward knee directly over the ball of the foot (or pedal spindle) when the pedals are in a horizontal position.
- Bottom bracket assembly to use a hardened steel shaft with deep-groove sealed precision ball bearings designed for smooth operation and service life.
- Dual-sided pedals allow to the rider to use the pedals with or without the integrated pedal strap.
- Extra wide pedal to comfortably accommodate feet of all sizes.
- Rust-resistant undercoat and topcoat to steel frame.
- Integrated transport wheels/ Accessory holders/Reading rack
- Covers can be removed without taking off the pedals or cranks, for ease of service.
- 3-piece crank tightens positively, reducing the need for periodic adjustments- to have 170mm crank arm.
- To have two stage drive system for comfortable, quiet operation with a lower start-up resistance and more consistent resistance progression than single-stage drive systems.
- 3-phase generator/ eddy current resistance system that requires no backup battery in order to efficiently power the bike, self powered.
- Belt drive for smoother, quieter operation and reduced maintenance, no chain.

- Minimum watts: 18/ Maximum watts: 750
- Large LED display console, quick start.
- Console languages: Dutch, English, French, German, Italian, Russian, and Spanish.
- Preset Programs: Lose Weight Fat Burner Aerobic 4-3 Interval Heart Rate Zone Be Fit Manual Rolling Hills Mountain Peaks Hill Climb 1-1 Interval 2-1 Interval 4-1 Interval Heart Rate Zone Push Performance 1-4 Interval 1-2 Interval 5 K Heart Rate Zone
- Number of Programs: 16/ Electronic readouts: 18/ Resistance Levels: 25.
- Electronic Readouts: Total Distance, Distance Remaining, Target Distance, Total Calories Burned, Calories/Min, Calories/Hr, Mets, Watts, Target, Time Elapsed, Time Remaining, Time in Zone, Segment, RPM, Heart Rate, Average Heart Rate, Max Heart Rate, Target Heart Rate.
- 15" LCD Capacitive Touch Screen
- CSAFE ready
- Ability for fitness director of facility to set parameter max time, max speed, and max pause time, for better facility management.
- Machine dimensions: 48" x 21" x 62"
- Warranty: 7-year frame, 2 year parts (mechanical & electronic), 1-year wear items, and 1 year labor.

Bike

Quantity Needed: 1

Bike shall be Schwinn Airdyne AD Pro or equal. If bidding an equal, vendor must supply appropriate literature to determine if the item bid is equal to or better than the required specifications.

The bike shall have the following features:

- Infinite resistance levels
- Air resistance system
- Single stage belt drive system
- 9 workout programs
- Interval and target goal programs
- Telemetry enabled heart rate monitoring
- High contrast LCD resolution display
- Display readouts: time, distance, calories, RPM, Watts, pulse, speed
- Upright stationary bike style
- Product dimensions: 42" L x 20" W x 52" H

- Machine weight 113lbs
- Max user weight 350lbs.
- Power requirements: 2 D batteries, external power supply is optional
- Padded seat for increased comfort whether your workouts are long or short
- Warranty: 10 year frame, 2 year parts, 2 year electrical, labor 6 months

Spinner Bike

Quantity Needed: 20

Spinner bikes shall be Precor SBK823 Indoor Spinner Ride or equal. If bidding an equal, vendor must supply appropriate literature to determine if the item bid is equal to or better than the required specifications.

The bikes shall have the following features:

- 43lb. perimeter weighted flywheel, puts more weight on the outer ring of the flywheel to create more inertia, helping to give the user the smooth fluid motion to most closely match outdoor cycling
- Aerodynamic styling and rounded tube shapes, designed to shed sweat and be easier to clean and maintain.
- All aluminum adjustment extrusions and covered rear stabilizers protect from rust in places where it is most needed.
- Oversized cranks with Morse taper connections
- Drive system available in chain or poly-v drive belt
- Friction resistance system
- Oversized Steel frame
- Up-down adjustment handlebars
- Dual sided, SPD compatible pedals
- Fore-aft & up-down seat adjustment
- Not to have fore-aft handlebars
- Option console sold separately
- Receiver- compatible with ANT + and Polar heart rate transmitters
- Electronic readout: Cadence (RPM), Heart rate/pulse, time, distance, calories, low battery indicator
- User height range: 4'11" to 6'4"
- Max user weight 350lbs.
- Crank width 162mm
- Length 58"
- Width 20.3"
- Warranty: 7 year frame, 2 year parts, 1 year labor, 90 day wear items, 1 year console

Pulldown/Row

Quantity Needed: 1

Pulldown/Row shall be Precor Vitality C0226ES pulldown/row or equal. If bidding an equal, vendor must supply appropriate literature to determine if the item bid is equal to or better than the required specifications.

The pulldown/row shall have the following features:

- 11 gauge, 4" oval tubing, not square tubing.
- Easy-to-adjust thigh hold-down pad, extended seat and foot bar to facilitate both exercises. Users can easily engage the add-on weight with a simple push of a lever to increase the workload.
- The thigh hold-down pad features an easy-adjust mechanism to accommodate all users.
- Unit shall accommodate both the lat pull down and mid-row exercise movements
- The row bar rests on a storage plate with a protective coating so that the bar is out of the way when the pull down is being used. The protective coating keeps the storage plate from scratches and dents.
- Weight stacks to be fully enclosed- front, back, sides & top.
- Drink and accessory tray located on top of machine.
- No exposed pulleys; must be entirely enclosed with a housing for safety.
- Weight stack can be reached from seated position.
- Seat adjustment to be an automatic, ratcheting design that does not require the release of a pin, knob, or button to raise or pull forward.
- Pad thickness to be a minimum of 2.5" thick.
- Auto Adjust handgrips to fit all users.
- Weight Stack 220lbs
- Simple step-by-step instructions for users of all levels to help with setup and exercise, including tips to help maximize workouts.
- Weight plates are 1" thick, machined cast weight plates in 10lb and 15lb sizes fitted nylon bushings to ensure smooth travel on guide rods.
- Top weight plate is machined cast weight plate designed for a 10lb starting weight. Precision, lubricated bushings for smooth operation.
- Guide rods are $\frac{3}{4}$ " diameter steel. Polished with corrosion resistant plating for smooth operation and rust prevention. Low starting weight and full weight range accommodate a wide range of users. Weight stack is easily accessible from the seated position.
- Quick and easy ratcheting seat adjustment with easy to identify.

Leg Curl/Standing Leg Curl

Quantity Needed: 1

Leg Curl/Standing Leg Curl shall be Precor Plateloaded DPL561 Standing Leg Curl or equal. If bidding an equal, vendor must supply appropriate literature to determine if the item bid is equal to or better than the required specifications.

The Leg Curl/Standing Leg Curl shall have the following features

- Resistance strength curves are tailored to match the body's natural force curves, providing the most effective load during the exercise.
- Movement arms allow for user to improve muscle balance through focused engagement of each leg, minimizing compensation of weaker muscles.
- The leg curl must be easy to set up with minimal adjustments, making it a quick machine to get in and use
- Durable, welded frames that can hold up to the pressure. Resistance curves and independent moving arms allow for proper muscle recruitment and load for effective workouts.
- Designed for most effective load during the exercise
- Promote greater balance and muscle engagement
- Intuitive strength building with minimal adjustments
- Oversized 4x2" frames are 11 and 8-gauge steel and welded in all structural areas. Powder coated frames.
- Easy to understand exercise placards feature large set-up and start and finish position diagrams that are visibly easy to identify. QR codes provide quick and easy video instruction from your smart phone.
- Bolt down capability
- Grip diameter 1.25"
- Starting weight 11lbs
- Max load weight 180lbs.
- Length 48"
- Width 66"
- Height 55"

Leg Extension

Quantity Needed: 1

Leg Extension shall be Leg Hoist ROC-IT RS 1401 Extension or equal. If bidding an equal, vendor must supply appropriate literature to determine if the item bid is equal to or better than the required specifications.

The Leg Extension shall have the following features

- Ride Oriented Exercise provides a rocking movement that constantly adjusts the user to achieve an optimal biomechanical positioning throughout the exercise.
- Machine automatically rocks the user into the correct position throughout the range of motion.
- User becomes an intricate part of the exercise by continually being adjusted forward/backward/up/down with the movement of the exercise arm.
- Self-aligning roller pad.
- Gas shock assisted back pad adjustment.
- Pivot alignment points labeled and marked in red.
- Integrated headrest
- Primary frame constructed of 2" X 4" & 2" X 3" rectangular steel tubing and 4 ½" & 3" round steel tubing.
- Steel surface sandblasted and/or chemically etched before being coated with Electro-statically applied powder-coat paint and baked at 400 degrees.
- Easy-lift ratcheting seat system to allow for one-handed operation.
- All adjustments can be made from the user position.
- Nickel-plated telescopic tubing is sleeved with EASY GLIDE™ inserts to eliminate metal-to-metal contact and provide friction-free adjustments.
- All adjusters are numerically indexed to ensure repeatability of proper biomechanical orientation.
- Adjustments are marked and safety yellow for easy recognition and are conveniently located on the user right hand side.
- Sealed bearings with a minimum load rating of 2,000 pounds are used on exercise pivot mechanisms.
- Self-aligning linear bearings assembled in fully enclosed housings, are matched with induction hardened shafting for all linear bearing applications.
- High-density rubber handgrips with sanded finish are fitted with polished aluminum end cap and collar; "flared" design that prevents the user's hand from sliding off the grip.
- Removable rubber footpads to ensure stationary placement on the exercise floor.
- Bushings flange extends past the top of each weight plate to provide bushing contact with the next plate, preventing metal contact among weight plates.
- Bushings provide a dry, friction-free surface between weight plates and guide rods.
- Guide rods are free-floating so they will self-align during weight stack travel. The free-floating ends rest in bushings to prevent metal-to-metal contact and eliminate noise.
- All selector pins come with magnetic head to keep pins locked in position and are attached with a coiled lanyard.

- To optimize floor space, most machines offer the ability to attach the weight stack on either the side of the seat.
- Dual weight stack options: lighter circuit weight stack ideal for interval / circuit training, heavier competitive weight stack for intensity training.
- High-density plastic scuff guards are strategically placed to protect the frame finish.
- The weight transfer system simulates free weight biomechanics in order to ensure proper muscle loading through both concentric and eccentric movements.
- Range of Motion adjustments provide variable starting positions while maintaining constant resistance.
- Fiberglass reinforced nylon pulleys with double sealed bearings provide friction-free rotation.
- Crowned domes or custom-fit grooves ensure proper tracking for either belts or cables.
- Weight-to-user decal shows the actual weight being lifted, not just the weight of the stack.
- Easy to read exercise instructional placard and maintenance schedule decal are located on the exercise machine.

Seated Dip

Quantity Needed: 1

Seated Dip shall be Hoist ROC-IT RPL 5101 Seated Dip or equal. If bidding an equal, vendor must supply appropriate literature to determine if the item bid is equal to or better than the required specifications.

The Seated Dip shall have the following features

- Ride Oriented Exercise provides a rocking movement that constantly adjusts the user to achieve an optimal biomechanical positioning throughout the exercise.
- Machine automatically rocks the user into the correct position throughout the range of motion.
- User becomes an intricate part of the exercise by continually being adjusted forward/backward/up/down with the movement of the exercise arm.
- Designed for easy entry / exit.
- Ratcheting seat adjustment.
- Handles adjust to accommodate users of various shoulder widths.
- Contoured footrest that automatically adjusts to the angle of your feet.
- Integrated headrest
- Functional movement for triceps muscle

- Adjustable exercise handles provide proper positioning and reduce excessive shoulder stress and instability.
- Naturally mimics the exercise motion of a bar dip
- Primary frame constructed of 2" X 4" & 2" X 3" rectangular steel tubing and 4 ½" & 3" round steel tubing.
- Steel surface sandblasted and/or chemically etched before being coated with Electro-statically applied powder-coat paint and baked at 400 degrees.
- Easy-lift ratcheting seat system to allow for one-handed operation.
- All adjustments can be made from the user position.
- Nickel-plated telescopic tubing is sleeved with EASY GLIDE™ inserts to eliminate metal-to-metal contact and provide friction-free adjustments.
- All adjusters are numerically indexed to ensure repeatability of proper biomechanical orientation.
- Adjustments are marked and safety yellow for easy recognition and are conveniently located on the user right hand side.
- Sealed bearings with a minimum load rating of 2,000 pounds are used on exercise pivot mechanisms.
- Self-aligning linear bearings assembled in fully enclosed housings, are matched with induction hardened shafting for all linear bearing applications.
- High-density rubber handgrips with sanded finish are fitted with polished aluminum end cap and collar; "flared" design that prevents the user's hand from sliding off the grip.
- Removable rubber footpads to ensure stationary placement on the exercise floor.
- High-density plastic scuff guards are strategically placed to protect the frame finish.
- The weight transfer system simulates free weight biomechanics in order to ensure proper muscle loading through both concentric and eccentric movements.
- Range of Motion adjustments provide variable starting positions while maintaining constant resistance.
- Easy to read exercise instructional placard and maintenance schedule decal are located on equipment.
- Product dimensions: 72" x 52.75" x 52.25"
- Product Weight 327 lbs.
- Max Weight Storage Capacity 720 lbs.
- Max Exercise Weight Capacity 800 lbs.

Shoulder Press

Quantity Needed: 1

Shoulder Press shall be Hoist ROC-IT RPL 5501 Shoulder Press or equal. If bidding an equal, vendor must supply appropriate literature to determine if the item bid is equal to or better than the required specifications.

The Shoulder Press shall have the following features

- Ride Oriented Exercise provides a rocking movement that constantly adjusts the user to achieve an optimal biomechanical positioning throughout the exercise.
- Machine automatically rocks the user into the correct position throughout the range of motion.
- Starts the exercise handles positioned in front of the body, then rocks rearward positioning the handles over head to mimic the natural movement of dumbbell shoulder press.
- Rocking movement aligns the user's arm with the mid-line of their torso to decrease external rotation of the arm and shoulder and reduce lower back arching.
- User becomes an intricate part of the exercise by continually being adjusted forward/backward/up/down with the movement of the exercise arm.
- Designed for easy entry / exit.
- Ratcheting seat adjustment.
- Contoured footrest that automatically adjusts to the angle of your feet.
- Integrated headrest
- Primary frame constructed of 2" X 4" & 2" X 3" rectangular steel tubing and 4 ½" & 3" round steel tubing.
- Steel surface sandblasted and/or chemically etched before being coated with Electro-statically applied powder-coat paint and baked at 400 degrees.
- Easy-lift ratcheting seat system to allow for one-handed operation.
- All adjustments can be made from the user position.
- Nickel-plated telescopic tubing is sleeved with EASY GLIDE™ inserts to eliminate metal-to-metal contact and provide friction-free adjustments.
- All adjusters are numerically indexed to ensure repeatability of proper biomechanical orientation.
- Adjustments are marked and safety yellow for easy recognition and are conveniently located on the user right hand side.
- Sealed bearings with a minimum load rating of 2,000 pounds are used on exercise pivot mechanisms.

- Self-aligning linear bearings assembled in fully enclosed housings, are matched with induction hardened shafting for all linear bearing applications.
- High-density rubber handgrips with sanded finish are fitted with polished aluminum end cap and collar; “flared” design that prevents the user’s hand from sliding off the grip.
- Removable rubber footpads to ensure stationary placement on the exercise floor.
- High-density plastic scuff guards are strategically placed to protect the frame finish.
- The weight transfer system simulates free weight biomechanics in order to ensure proper muscle loading through both concentric and eccentric movements.
- Range of Motion adjustments provide variable starting positions while maintaining constant resistance.
- Synchronized converging exercise motion replicated dumbbell presses.
- Contoured press arm handles provide multiple grip positions.
- Counter-balanced exercise arm.
- Easy to read exercise instructional placard and maintenance schedule decal are located on equipment.
- Product Dimensions:
81.75” x 52.75” x 55.25”
- Product Weight 396 lbs.
- Max Weight Storage Capacity 360 lbs.
- Max Exercise Weight Capacity 800 lbs.

Seated Mid Row

Quantity Needed: 1

Seated Mid Row shall be Hoist ROC-IT RPL 5203 Seated Mid Row or equal. If bidding an equal, vendor must supply appropriate literature to determine if the item bid is equal to or better than the required specifications.

The Seated Mid Row shall have the following features

- Ride Oriented Exercise provides a rocking movement that constantly adjusts the user to achieve an optimal biomechanical positioning throughout the exercise.
- Machine automatically rocks the user into the correct position throughout the range of motion.
- User becomes an intricate part of the exercise by continually being adjusted forward/backward/up/down with the movement of the exercise arm.
- No adjustments needed

- Both the exercise arm and handles self-align to the movement of the user.
- Swiveling handles provide pronated, neutral and supinated grip positions.
- Revolving handgrips.
- Contoured footrest that automatically adjusts to the angle of your feet.
- Primary frame constructed of 2" X 4" & 2" X 3" rectangular steel tubing and 4 ½" & 3" round steel tubing.
- Steel surface sandblasted and/or chemically etched before being coated with Electro-statically applied powder-coat paint and baked at 400 degrees.
- Ratcheting seat adjustment
- Easy-lift ratcheting seat system to allow for one-handed operation.
- All adjustments can be made from the user position.
- Self-aligning ratcheting chest pad offers support throughout exercise motion.
- Nickel-plated telescopic tubing is sleeved with EASY GLIDE™ inserts to eliminate metal-to-metal contact and provide friction-free adjustments.
- All adjusters are numerically indexed to ensure repeatability of proper biomechanical orientation.
- Adjustments are marked and safety yellow for easy recognition and are conveniently located on the user right hand side.
- Sealed bearings with a minimum load rating of 2,000 pounds are used on exercise pivot mechanisms.
- Self-aligning linear bearings assembled in fully enclosed housings, are matched with induction hardened shafting for all linear bearing applications.
- High-density rubber handgrips with sanded finish are fitted with polished aluminum end cap and collar; "flared" design that prevents the user's hand from sliding off the grip.
- Removable rubber footpads to ensure stationary placement on the exercise floor.
- High-density plastic scuff guards are strategically placed to protect the frame finish.
- The weight transfer system simulates free weight biomechanics in order to ensure proper muscle loading through both concentric and eccentric movements.
- Range of Motion adjustments provide variable starting positions while maintaining constant resistance.
- A synchronized diverging exercise motion follows the natural movement of the shoulder.
- Product Dimensions:
70.50" x 52.75" x 47.00"
- Product Weight 372 lbs.
- Max Weight Storage Capacity 720lbs.
- Max Exercise Weight Capacity 800lbs

INSURANCE REQUIREMENTS FOR CONTRACTORS

Contractor shall procure and maintain for the duration of the contract insurance against claims for injuries to persons or damages to property which may arise from or in connection with the performance of the work hereunder by the Contractor, his agents, representatives, employees or subcontractors. The cost of such insurance shall be included in the Contractor's bid.

A. MINIMUM SCOPE OF INSURANCE

Coverage shall be at least as broad as:

1. Insurance Services Office form number GL 0002 (Ed. 1/73) covering Comprehensive General Liability and Insurance Services Office form number GL 0404 covering Broad Form Comprehensive General Liability; or Insurance Services Office Commercial General Liability coverage ("occurrence" form CG 0001). 'Claims Made' form is unacceptable. The 'occurrence form' shall not have a "sunset clause.'
2. Insurance Services Office form number CA 0001 (Ed. 1178) covering Automobile Liability and endorsement CA 0025 or CA 0001 12 93. The policy shall provide coverage for owned, hired, and non-owned coverage. If an automobile is to be utilized in the execution of this contract, and the vendor/contractor does not own a vehicle, then proof of hired and non-owned coverage is sufficient.
3. Workers' Compensation insurance as required by the Labor Code of the State of Louisiana, including Employers Liability insurance.

B. MINIMUM LIMITS OF INSURANCE

Contractor shall maintain limits no less than:

1. Commercial General Liability: \$1,000,000 combined single limit per occurrence for bodily injury, personal injury and property damage.
2. Automobile Liability: \$1,000,000 combined single limit per accident, for bodily injury and property damage.
3. Workers Compensation and Employers Liability: Workers' Compensation limits as required by the Labor Code of the State of Louisiana and Employers Liability coverage.
Exception: Employers liability limit is to be \$1,000,000 when work is to be over water and involves maritime exposure.

C. DEDUCTIBLES AND SELF-INSURED RETENTIONS

Any deductibles or self-insured retentions must be declared to and approved by the Agency. At the option of the Agency, either: the insurer shall reduce or eliminate such deductibles or self-insured retentions as respects the Agency, its officers, officials, employees and volunteers; or the Contractor shall procure a bond guaranteeing payment of losses and related investigations, claim administration and defense expenses.

D. OTHER INSURANCE PROVISIONS

The policies are to contain, or be endorsed to contain, the following provisions:

- 1 General Liability and Automobile Liability Coverages

a. The Agency, its officers, officials, employees, Boards and Commissions and volunteers are to be added as "additional insureds" as respects liability arising out of activities performed by or on behalf of the Contractor; products and completed operations of the Contractor, premises owned, occupied or used by the Contractor. The coverage shall contain no special limitations on the scope of protection afforded to the Agency, its officers, officials, employees or volunteers. It is understood that the business auto policy under "Who is an Insured" automatically provides liability coverage in favor of the State of Louisiana.

b. Any failure to comply with reporting provisions of the policy shall not affect coverage provided to the Agency, its officers, officials, employees, Boards and Commissions or volunteers.

c. The Contractor's insurance shall apply separately to each insured against whom claim is made or suit is brought, except with respect to the limits of the insurer's liability.

2. Workers' Compensation and Employers Liability Coverage

The insurer shall agree to waive all rights of subrogation against the Agency, its officers, officials, employees and volunteers for losses arising from work performed by the Contractor for the Agency.

3. All Coverages

Each insurance policy required by this clause shall be endorsed to state that coverage shall not be suspended, voided, canceled by either party, or reduced in coverage or in limits except after thirty (30) days' prior written notice by certified mail, return receipt requested, has been given to the Agency.

E. ACCEPTABILITY OF INSURERS

Insurance is to be placed with insurers with a Best's rating of A-:VI or higher. This rating requirement may be waived for workers' compensation coverage only.

F. VERIFICATION OF COVERAGE

Contractor shall furnish the Agency with certificates of insurance affecting coverage required by this clause. The certificates for each insurance policy are to be signed by a person authorized by that insurer to bind coverage on its behalf. The certificates are to be received and approved by the Agency before work commences. The Agency reserves the right to require complete, certified copies of all required insurance policies, at any time.

G. SUBCONTRACTORS

Contractor shall include all subcontractors as insureds under its policies or shall furnish separate certificates for each subcontractor. All coverages for subcontractors shall be subject to all of the requirements stated herein.

H. Builder's Risk Coverage

Contractor shall purchase and maintain property insurance upon the entire work included in the contract for an amount equal to the greater of the full-completed value or the

amount of the construction contract including any amendments thereto (with the exception of the following sub-limit for flood/quake). Contractor's policy shall provide "ALL RISK" Builder's Risk Insurance (extended to include the perils of flood, earthquake, collapse, vandalism/malicious mischief, and theft, including theft of materials whether or not attached to any structure.) Flood/earthquake sub-limit shall equal an amount no lower than ten percent (10%) of the total contract cost per occurrence.

The policy must include the interest of the Owner, Contractor and Subcontractors as their interest may appear. The "All Risk" Builder's Risk Insurance must also cover architects' and engineers' fees that may be necessary to provide plans and specifications and supervision of work for the repair and/or replacement of property damage caused by a covered peril.

In the event of a disagreement regarding a loss covered by this policy which may also be covered by the State of Louisiana, Policy of self-insurance or any Commercial Property Insurance policy purchased by the State of Louisiana, Office of Risk Management (ORM) covering in excess of the State of Louisiana, Policy of self-insurance, this company agrees to follow the following procedure to establish coverage and/or the amount of loss:

Any party to a loss may make written demand for an appraisal of the matter in disagreement. Within 20 days of receipt of written demand, this company and either ORM or its commercial insurance company shall each select a competent and impartial appraiser and notify the other of the appraiser selected. The two appraisers will select a competent and impartial appraiser and notify the other of the appraiser selected. The two appraisers will select a competent and impartial umpire. The appraisers will then identify the policy or policies under which the loss is insured and, if necessary, state separately the value of the property and the amount of the loss that must be borne by each policy. If the two appraisers fail to agree, they shall submit their differences to the umpire. A written decision by any two shall determine the policy or policies and the amount of the loss. Each insurance company (or ORM) agree that the decision of the appraisers and the umpire if involved, will be binding and final and that neither party will resort to litigation. Each of the two parties shall pay its chosen appraiser and bear the cost of the umpire equally.